

# + Our Catholic Faith +

## Month of Mary

Issue 57

If you are unable to join us for MASS, use the Parish YouTube Channel.

[https://www.youtube.com/channel/UCO18sJegQQ\\_hGNkSIYtxOAg](https://www.youtube.com/channel/UCO18sJegQQ_hGNkSIYtxOAg)

# Trinity Sunday



What we mean when we say that God is a Trinity is that there is one divine nature, one divine substance. A **“substance”** or **“nature”** is **what** something is. God, as a Trinity, exists in three Persons. A **person** is **“who”** someone is. In our experience, one human person each possesses one human nature. A husband and wife, no matter how closely united, are still two separate beings. In God, however, three Persons possess the same divine nature. If you were to ask each Person in the Trinity, “Who are you?” each person would answer something differently: “I am the Father;” “I am the Son;” “I am the Holy Spirit.” If you were to ask each Person, “Who are you?” you would get the same answer from each Person: “I am God.” Not, “I am a God,” as a human would say, “I am a human.” Rather, each divine Person, while not identical to the other divine Persons, is one in being with the other two divine Persons and is fully God. The word we use to describe this in the Nicene Creed is *consubstantial*. While we say in the Nicene Creed that the Son is consubstantial with the Father, it is also true that the Spirit is consubstantial with the Father and the Son.

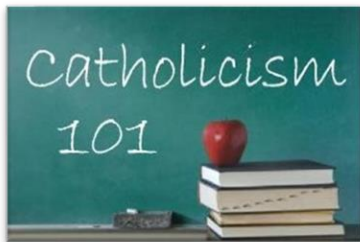
## May 31- Feast of the Visitation of the Blessed Virgin Mary to Elizabeth

*"My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior. Because he that is mighty, hath done great things to me, and holy is His name" (Lk. 1:46).*



This is a Beautiful Marian feast day- pray the rosary- read Luke 1:39-47-say a Hail Mary  
Learn more about this Feast day- *going in haste- the fruit of her womb- the Hail Mary....?*

[Feast of the Visitation of the Blessed Virgin Mary - May 31, 2021 - Liturgical Calendar | Catholic Culture](#)



**Did you know that each day of the week holds sacred meaning?**

*Start today, observing and living out your Catholic life.*

**Sunday: The Holy Trinity** – Sunday is dedicated to the Holy Trinity. This is entirely fitting as Sunday is the first day of the week and the day when we offer God, Father, Son, and Holy Spirit our praise, adoration, and thanksgiving.

**Monday: The Angels** – Monday is the day in which we remember the angels. Angels are powerful guardians, and each of us is protected by one. Many of the saints had a great devotion to the angels in general and to their guardian angel.

**Tuesday: The Apostles** – The Catholic Church is apostolic. That is, it is founded on the authority and teaching of the apostles, most especially that of St. Peter to whom Jesus gave the keys of his kingdom. Each bishop is a direct successor of the apostles.

**Wednesday: Saint Joseph** – Saint Joseph is known as the prince and chief patron of the Church. As the earthly father of Jesus, he had a special role in protecting, providing for, and instructing Jesus during his earthly life. Now that Christ is ascended into heaven, St. Joseph continues his fatherly guardianship of Christ's body, the Church.

**Thursday: The Holy Eucharist** – Our Lord instituted the most Holy Eucharist on a Thursday, so it is fitting that we remember this greatest of sacraments on this day. The Eucharist is the greatest gift of God to mankind, as it is nothing less than Jesus himself. What gift could be greater?

**Friday: The Passion** – Jesus was scourged, mocked, and crucified on a Friday. Because of this, the Church has always set aside Fridays as days of penance and sacrifice. While the U.S. sadly does not require abstinence from meat on Fridays, penance is still required in one form or another. This day should always be a day of repentance and a day in which we recall Christ's complete self-sacrifice to save us from our sins.

**Saturday: Our Lady** – There are several theological reasons Saturdays are dedicated to Our Lady, perhaps the most significant is that on Holy Saturday, when everyone else had abandoned Christ in the tomb, she was faithful to him, confidently waiting for his resurrection on the first day of the week.